



Taroona News

Circulation 1450, distributed to your letter box by over 30 volunteers.

Email: taroonacommunitynewsletter@gmail.com

Welcome to the first issue of *Taroona News* for 2017. Much has happened over the early summer months that kept the local community on its toes at a time when we are usually winding down. Most particularly was the unexpected government proposal to develop the area of Crown Land adjacent to the primary and high schools.

The Tasmanian Education Department's proposed subdivision of the 3.5 hectare Taroona High School Crown land 'Rotary Reserve' in late November 2016 sent the community into a flurry of action to stop the development and work towards protecting the area.

With such a limited timeframe, preceding Christmas and the extremely short 14 day statutory timeframe to respond to such a significant development proposal, Taroona's community and environment groups worked together to make our concerns heard. With only two days' notice, a public meeting was organised with 80 concerned residents gathering in Rotary Park and the media invited. This was a reflection of the community's concern about the shonky process, strong opposition to the development and love of this cherished open space.



Jill Hickie of the Taroona Community Association, and Gustaaf Hallegraef, of the Taroona Environment Network, at the public meeting in Rotary Reserve in November.

[PHOTO: MATT THOMPSON, COURTESY THE MERCURY]

Thankfully, the Minister for Education and Deputy Premier Jeremy Rockliff responded quickly and decisively to the community's desire and the planning application was withdrawn within two weeks of it being advertised.

Early this year the TCA, on behalf of a range of groups, wrote to the Minister requesting that a master plan be developed for this land to provide a framework to guide the future management and development of the area. The plan will provide an excellent opportunity for the community to work with the schools to generate a shared vision for the land and provide future learning opportunities. It will build on the strong reputation of Taroona's

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Calendar

April

- Sun 2 TOSSA Cup 2017, Taroona Boat Ramp, Registration 8.30am
- Wed 5 Taroona Gardening Forum, Uniting Church Hall, 1 Taroona Cres, 7:30pm
- Sat 8 Taroona Sippers and Purlers, Taroona Lounge Bar, 2.30–4 pm
- Tues 25 ANZAC Day: March commences at 5.35am, Service at 5.55am, Gunfire Breakfast approx. 6.30am.**

May

- Wed 3 Taroona Gardening Forum, Uniting Church Hall, 1 Taroona Cres, 7.30pm
- Sat 13 Taroona Sippers and Purlers, Taroona Lounge Bar, 2.30–4 pm
- Sun 18 Taroona Ex-Services AGM, Taroona Community Centre, 2.30pm

June

- Sat 10 Taroona Sippers and Purlers, Taroona Lounge Bar, 2.30–4 pm

July

- Sat 7 & Sun 8 Taroona's Giant Book Sale, Taroona Shopping Centre

The nbn's coming!

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Taroona TAS 7053
Not your address?

Where you stand within the nbn™ rollout

- Build commenced
- Service available

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Primary and High Schools as reputable educational facilities and at the same time enhance and protect nationally significant natural values.

We hope to work on this important project together with the Taroona High School and Primary School this coming year.

Important facts* about the Taroona High School "Rotary Reserve"

- Taroona residents have used the area as a local park since 1939 when the Rotary Club of Hobart purchased the land for a reserve. For 24 years thousands of people came and enjoyed a seaside holiday at the Taroona Rotary Youth Camp. The land was sold to the Crown in 1964 and was zoned by the Kingborough Council to be used for public recreational purposes.
- The Taroona Rotary Reserve Landcare Group was established in 2001 with a Management Plan prepared. Community volunteers worked to eradicate weeds and redefine tracks.
- The area provides an important recreational and open space connection linking the Channel Highway to the Derwent River that is accessed by over a hundred walkers and joggers every day.
- The area contains high conservation value vegetation and provides habitat for threatened species such as the eastern barred bandicoot, swift parrot and forty-spotted pardalote.
- The Taroona Environment Network has been running regular working bees over the last decade on this land with weed removal and in 2015 developed a community interpretive trail through the parkland with plant totems illustrated with Taroona Primary School children's drawings.
- It is also an excellent nature-based outdoor classroom and educational resource for the Taroona Primary and High schools.

Jill Hickie , President, TCA

** Thanks to Judith Timbs of Karingal Court for providing a history of the Rotary Reserve*

Taroona Ex Services Club

The Club, open to all Taroona residents (with or without military service), holds a monthly meeting every third Friday in the month in their Club Rooms in the Community Centre (Batchelor Way), along with other functions. In the next few months, the Club will have the following functions, which you may wish to attend:

17 March – BBQ at 1.15 pm, a small cost is involved.

25 April – ANZAC Day: March commences at 5.35 am., Service at 5.55 am., Gunfire Breakfast approx. 6.30 am.

19 May – Annual General Meeting, commencing at 2.30 pm.

The Committee of the Club is: President Chris Harris, Secretary David Thomson (6224 4394), Treasurer Colin Martindill, Life Members John Kerr and Stephen Willey, and Committee Members Ron Martin, Max Banks, John Mathewson, Trevor Abbott, Joy Ellis, and David Lewis.



Gardening Forum members explore the beautiful gardens of Riccarton

Peter Barefoot has been organizing wonderful day trips to gardens for our group for many years now, but before stepping down from this task, he arranged one last event – a mystery bus trip to two gardens in late November. The first stop for the 40 'mystery tourers' was Riccarton near Campbelltown, where we enjoyed a stroll under ancient trees, through winding pathways and past flowering borders in the extensive country garden. We then travelled on to Marathon at Patterdale in the northern midlands, where we enjoyed a tour of the country garden on the banks of the Nile River. We had our picnic lunch in the shade of spreading trees.

We are all very grateful to Peter for the many lovely trips he has organized for us. If you like hearing and talking about gardening, and visiting gardens, join our Taroona Garden Forum. We hire a room at the Uniting Church in Taroona Crescent on the first Wednesday of each month (excepting July and January), for our meetings, and we have guest speakers, lively discussions and a trade table. Our annual subs are only \$2, with \$1 paid each meeting attended.

Our next meetings are on April 5th and May 3rd, 7.30pm. Everyone is welcome. Details are on our website at:

<http://taroona.tas.au/gardening-forum>

Taroona Community Hall news

The Taroona Community Hall Management Committee would like to thank the Kingborough Council for the recent installation of new



vinyl at the Taroona Hall. The new floor looks wonderful and is a welcome improvement to our well-used facility.

Tai Chi has begun this year at the hall on Tuesdays from 3.00 - 4.00 pm. Please contact Sau Chan Yong for more information on 0400 206013.

There are 12 regular groups using the hall on week days and details of the great range of activities for all ages can be found on the Taroona website.

Taroona Coastal Rowing Update

After a relatively wild but relaxing winter and spring, summer has really turned the rowing action up a notch with a flurry of activity both in and out of the water.

Row in Company with Franklin Folk

For an enjoyable change of pace, Taroona hosted our friends from the Living Boat Trust and Women on Water with a row in company along the Alum Cliffs on 21 January. For some of the Franklin folk this was an opportunity to try the St Ayles skiff in the coastal conditions the skiffs were designed for. Many thanks to Anne and Lorrie for organising the day and the slap up BBQ lunch enjoyed by all. The Franklin folk want to come again and again!



Teams aboard skiffs Freya, Chiton and Imagine enjoy the Alum Cliffs.

New Racing Oars Completed



Basil and Graeme glue up an oar plank

As part of our generous grant from the Tasmanian Community Fund, we completed the build of four sleek new racing oars in time for the St Ayles Skiff Regatta. When I say "in time", I mean finishing building and oiling them on Tuesday night when rowing was due to start on Friday. We really have to say a big thank you to Bob and Sue for allowing us to colonise their shed for the frantic creativity to take place. Richard Johnson provided sage advice on our oar design which turned out to be a great success. There was no time for testing – it was straight into competition.

The joy of getting the old skiff building team together was not to be missed. Thanks to Graeme, Dal, Basil, Jon, Rob, John, Nick, Richard and Brian for the spirited design discussion and the sculptural results, and to Chris of Boat Names for providing the distinctive *Chiton* emblems for the new oars (they make us so easy to spot on the water).

Parade of Sail & the Wooden Boat Festival 10-13 February

Many of the fleet of St Ayles Skiffs here for the Wooden Boat Festival and St Ayles Skiff Regatta also participated in "The Raid" or *Tawe Nunnugah*, a voyage organised by the Living Boat Trust. This is a flotilla of small sailing and rowing craft travelling from Recherche Bay to Hobart over 10 days, finishing with the excitement and flurry of



the parade of sail that officially opens the Wooden Boat Festival. With over 30 craft and more than 100 sailors and rowers as keen as mustard to row and sail in all weather conditions, Rob and Nick rose to the challenge of piloting one of the rescue boats for the full 10 days.

We joined our sister skiffs in the parade of sail mid Derwent and later put ashore at Long Beach to water the horses and allow the fleet to swell. On the Derwent again, the flotilla grew and grew and before long we were joined by tall ships, *James Craig*, *Tenacious*, *Young Endeavour*, *Windeward Bound*, *Yukon* and scores of other sail craft. This is truly one of the greatest spectacles on the Derwent.

St Ayles Skiff Regatta, Franklin 17-19 February



Not surprisingly, our small team was no match for the rippling muscle and dedication of teams from Scotland, Ireland, Franklin and New Zealand. We did come a creditable third in our 1000m heat but needed a jolly good lie down and cup of tea afterwards. Reassuringly, *Chiton* proved to be a very fast boat when experienced teams rowed her. Most were very complimentary about the new oars, so there you have it... enjoy the coastal scenery... or go like stink for 6 minutes? What to do? I guess we'll have more cuppas and chew it over for another two years!

Damian Devlin, 0400 875528

News from the Institute for Marine and Antarctic Studies

About IMAS

The Institute for Marine and Antarctic Studies (IMAS) is a centre of excellence for both research and education at the University of Tasmania.

Our research is innovative, relevant, and globally distinctive. Our education delivers first-class programs resulting in highly trained scientists and researchers serving the needs of academic institutions, industry, government and the community.

Annual Rock Lobster Survey



Centre Head of Fisheries & Aquaculture (IMAS Taroona), Professor Chris Carter, assisting with the Rock Lobster survey at Crayfish Point Reserve.

Taroona residents will have noticed the array of floats deployed off Crayfish Point during early February this year (and in previous years). This is part of a long-term IMAS study, which surveys population dynamics of southern rock lobster.

Each year 60 crayfish research pots are deployed throughout the reserve area in a pre-arranged grid pattern. Over the period of a week IMAS staff visit the area to record all details of catch and to re-bait and re-deploy the pots. The work is focused on lobsters, and all captured individuals are measured and tagged before being returned to the water. Any additional bycatch is also recorded and returned.

This work has been in progress since the 1990s and, due to this long time series, we have gained valuable growth information on lobster populations existing at high densities in this special area.

As expected in such an intense study, many individuals have been seen on multiple occasions, the record being one male crayfish which was first tagged in 1999 and recaptured 27 times between then and 2008, growing from 128 to 161mm carapace length in that interval.

Occasionally, tagged animals do wander out from the reserve area and are caught by fishers in nearby waters. **If you find a tagged rock lobster please report it to IMAS by contacting 0409 277 140 and we should be able to provide you with a history of its life in Taroona.** – Gary Carlos

Artificial Reefs



IMAS researchers assessing the artificial reef in the Taroona reserve.

In February 2015, IMAS installed two artificial reefs in the Taroona reserve (<http://www.themercury.com.au/news/tasmania/futuristic-utas-artificial-reef-project-may-help-provide-world-food-security/news-story/32778eb85c8b40cff4d7f96d956d232e>). The artificial reefs are 6m long, 1.2 m wide and 2.4m high. They reflect a simple cantilevered design and a more complex (and expensive) design based on a range of potential habitats that varied in size and shape.

These reefs were left to 'condition' – a process whereby natural settlement of flora and fauna transformed the concrete slabs into natural living reefs. After conditioning for 10 months, southern rock lobsters were added to the reefs to determine if lobsters would remain on the reef. The reefs are located adjacent to natural reefs that support a large population of lobsters and therefore offer an attractive alternative for the lobsters added to the artificial reefs. If this were not the case, the lobsters could easily find alternative accommodation. Initial results demonstrate that lobsters will remain on the reefs.



The artificial reefs also supported a range of other species including fishes, crustaceans, octopus and algae (<http://www.themercury.com.au/news/tasmania/rock-lobsters-loving-new-artificial-reef-homes-in-river-derwent/news-story/7d0cd5ce4acaa068e0ede6c41b79259>). This research is one small step in the development of integrated lower trophic marine production systems, which are based more on permaculture concepts than single species mono-cropping. – Stewart Frusher

Seawater Pump Station

The University is planning to build a new seawater pump station on the former Taswater Wastewater Treatment Plant site. The new pump station will be built mostly underground to reduce the impact of the facility. The Development Application was submitted to Council in February and the University hopes to commence building the new facility in July. The foreshore walking track will be closed during the construction period to ensure public safety. The University apologises for the inconvenience that the closure will cause and every effort will be made to minimise the period of closure.

Communications contact: Bronagh Kelly on 6226 8383 or bronagh.kelly@utas.edu.au



Photo montage of the proposed IMAS seawater pump station

News from the Taroona Volunteer Fire Brigade



Our latest and youngest recruits, Luke Alfree (l) and Nathan Robinson (r)

We have had a very quiet bushfire season this year. Taroona Volunteer Fire Brigade assisted with a short campaign fire near Runnymede (Phipps Rd) late last year and responded to the recent Natone Hill fire in Lindisfarne.

Summer was relatively mild this year. The mean maximum temperature over the summer period in Hobart was 22.6 °C, 1.4 °C above the long-term average. However, there were only two days over 30 °C. Hot and dry northerly winds, associated with dangerous bushfire conditions, were generally absent. Instead, Hobart experienced gusty westerly winds, which meant that humidity levels remained high. Early indications suggest we are in for another El Nino event. Next summer may be hotter and drier.

The brigade participated in the 50th anniversary commemoration of the 1967 Tasmanian bushfire disaster. This included taking part in a procession of fire appliances at Snug, which was hard hit by the disaster, as well as attending a service at St Luke’s Anglican Church in Taroona, where we heard first-hand stories from Taroona residents of that fateful day.

Many Taroona residents gathered on the beach that day, under dark and forbidding skies, not sure what was going to materialise. Though we are now much better prepared to deal with bushfire emergencies, Taroona remains a vulnerable place should it be

threatened by a major bushfire. There are not many escape routes. Talk with your family and neighbours about your household bushfire emergency plan.

The brigade is planning to upgrade its driveway and parking area in anticipation of its 75th birthday. This includes resurfacing the current potholed driveway and parking area, installing better drainage, and upgrading our fire hydrants to create a safer and nicer training environment. While this does require a huge fundraising effort by the brigade, the local community will benefit from the improved facilities and better trained volunteers. Kingborough Council and TasWater are helping us with the design work. We are grateful to them for this assistance.

**TAROONA'S
GIANT
BOOK SALE**

48th

Saturday 7 and Sunday 8 July

Taroona Shopping Centre

Donations of good quality books would be greatly appreciated.

From 1st May, please leave in the carport at 2 Taroona Crescent or ring Frank & Bea Lawrence on 6227 8012.




TOSSA CUP 2017



Avast! Fill the ballast! Load the torpedoes! The fourth annual **KSLSC TOSSA CUP 2017** will be held on **Sunday April 2nd!** Come and take on the ultimate seafaring challenge: swimming the Mystery Time for your chance to place your name on the hallowed TOSSA Cutting Board (alongside some ocean icons). There will be gourmet food & prizes.

BYO bright coloured swim cap + entry fee.



Kingston Beach Surf Life Saving Club

TOSSA CUP 2017

TOSSA
...BY STEALTH

SUNDAY, APRIL 2nd
TAROONA BOAT RAMP,
TAROONA BEACH

DISTANCE: 2km
REGISTRATIONS: 8.30am-9.30am
BRIEFING: 9.45am
SWIM START: 10am
ENTRY \$20

The important message of the poster is to bring your swim board!

Logos for Kingston Beach, Tararua, and MOVE Massage Fitness Lifestyle.

TasWater sewer pipeline replacement due for completion mid-April

A project to replace 200 metres of poor condition landslip-affected sewer between Karingal Court and the Taroona High School is now expected to be completed in mid-April. To control the risk of future sewer overflows to the local environment, TasWater is using an innovative design which allows the replacement sewer to accommodate movement across the slip zone, keeping the sewer watertight and free from tree roots. TasWater is working under the guidance of a professional aboriculturalist to limit the impact on the trees.

As parts of the pipeline excavation are adjacent to a walking track, TasWater is providing safe pedestrian access during construction. However, there may be times when the operation of machinery or work that poses a risk to the public will mean the walking track will be closed for short periods.

TasWater apologises for any inconvenience and residents with any questions concerning the work are welcome to contact **TasWater on 136992.**



The inaugural Taroona Art Trail was held on 19 November 2017 on a stunning sunny Saturday. The Taroona Environment Network event was a great success and far exceeded the Taroona Art Trail Committee's expectations.

It is estimated that at least 2000 people enjoyed the festivities from morning to evening. Over 300 people were part of creating the 46 wonderful works of art. Talents were unleashed from the little ones in playgroup to the elders of Mary's Grange along with every age group in between. The joy and excitement of the Possums Playcentre children as they put their birds and nests in place was a special moment.

The event was opened by ABC-TV's Gardening Australia host Costa Georgiadis, who arrived as King Neptune from the sea in the skiff, flanked by the TOSSA swimmers, with operatic song wafting across the water.

The program was jam-packed with activities including coastal walks, a weaving workshop, storytelling, local food and music.

Other highlights included:

- > A dynamic skate park art competition
- > The Mad Hatter's Tea Party in the Taroona Neighbourhood Garden
- > Exploring the labyrinth, rock balancing and rock wrapping
- > A wonderful finale evening featuring Hobart Playback Theatre, fire twirling, the bat walk and Aurora chasing

What an exhilarating day! It brought the community together in a celebration of the coast. We have had so much positive feedback.



Taroona Scout Group thanks the Taroona community



Taroona Scout Group leaders with Tasmanian Scout Chief Commissioner, Michael Hovington. From left: Alan Henderson, Janet Stephens, Michael Hovington, Darren Harpur, Julian Dermoudy, Emma Risely, Karina Neumeyer, Simon Stephens, Ruth Margetts-Henderson, Helen Ludlow, Susanne Hovington



A vital part of the Taroona Scout Group's involvement with the local community is its fundraising activities. These interactions have over the years contributed many thousands of dollars which have enabled the purchase of equipment that has assisted our leaders to deliver a first class Scouting experience. The Scout annual Christmas tree and produce sale has become a legendary event with huge

community support and expectations. The 2016 event was the best ever, thanks to high quality trees kindly made available by Norske Skog from their production plantations at Karanja near Westerway. For the first time ever we completely sold out!!

The Taroona Art Trail was a highly successful community event during which the Scouts held a stall selling gourmet oven-baked salmon with salad and pide bread. Many thanks go to Tassal who contributed to the stall with their superb salmon.

Our section leadership team is highly qualified to deliver a great Scouting experience. To that end Ruth, Karina, Helen and Julian's commitment to Scouting was rewarded by receiving their Wood Badges in 2016. The Wood Badge Training program is a system for the training and development of all Scouting adult leaders. At our recent parent get together we were pleased to welcome the new Tasmanian Scout Chief Commissioner, Michael Hovington and Susanne Hovington. Michael shared the future of Scouting

challenge badges and their alignment with youth members' journeys from Joeys to Rovers.

We are always excited about welcoming new members to the Group. In particular we welcome Alex Silsby and Martin Neumeyer who are taking on leadership roles. The Joey mob, thanks to Ruth, Helen and Karina, continues to be a huge success. Cubs continue to thrive under Darren, Alan, Janet and Emily. Julian, Donna, Janette, Mel and Martin provide wonderful experiences to the Scouts. Simon and Janet, with help from Emma and Patrick, continue to supervise the successful Venturer section and provide invaluable assistance to each section.

If you would like any information concerning the Taroona Scout Group or are interested in youth membership or a leader role please contact either **Mike Green** on **6227 9139** or **Janet** **0400 297 646**.



Gourmet salmon salads being put together for the Taroona Art Trail.

Walking to Wellness

Every Wednesday 6.30pm rain, hail or shine the Taroona Walking Group sets off on an hour of chatting, sightseeing and of course walking!

With many of us sitting for long hours at work and often watching TV of an evening, we are at risk of leading a perilously sedentary lifestyle! Luckily for us walking reduces the risk of heart disease and stroke, improves balance, increases endurance strength and reduces body fat.

Walking helps to clear the mind, which is a great way to end a busy day. Our social needs are also catered for, by meeting up with a nice bunch of locals each week. It's a good time to discuss, debrief and catch up on news.

As true Taroona locals, we explore new and exciting tracks of Taroona that you may not even know exist. Come along and join us for a walk Wednesdays 6.30pm at the Taroona Community Hall.



The Taroona Walking Group paid a visit to the new book library on Channel Highway!

You never know where a walk may take you. – Louise

Find us on **Facebook: GOprojects – Taroona Walking Group**

News from POSSUMS PLAYCENTRE

In February, Taroona's pre-school, Possums Playcentre, started its **29th year** of providing early learning sessions to enthusiastic 3 to 5 year olds at the Taroona Community Hall. Our program utilises the amazing Taroona environment to challenge and nurture the children's natural love of learning.

This term, we have been visiting Taroona's beaches and have explored rock pools, found marine life and searched for shells. Our creative focus has now turned to the wonderful world of insects. Local artist, Rosie McKeand, will be guiding the children as they discover how to draw, paint and create an amazing collection of bugs.

For more information about Possums, please phone Lyn Long on 0418 390 432 or join us with your child for a session on either Monday, Wednesday or Friday mornings.



Enrol today



POSSUMS Playcentre



For 3 to 5 year olds ● Mondays, Wednesdays & Fridays
9:00 am to 12 noon ● Taroona Community Hall, Batchelor Way

a place for little minds to grow



0418 390432

www.possumsplaycentre.org.au

Taroona's own specialist bakery: The Philadelphia



In the first of a series on Taroona's eateries, we look at the new kid on the block – the Philadelphia Bakery – and ask baker-barista Corey Newton about his business.

How do you like living in Taroona?

Living in Taroona is fantastic! We've been here for 3 years now, and have enjoyed every moment of it. The community is quite close-knit; the atmosphere has a nice, almost village feel to it – and is only 15-20 minutes from the city. We're most fortunate to have beautiful beaches, and wonderful schools just down the road.

What do you sell?

In a nutshell, sourdough breads, sourdough pastries, and coffee. We have over 40 different types of breads, and currently approximately 10 different types of pastries. These often change with the seasons. As far as what we have at the shop, we try to change things daily, and introduce different products throughout the week. As demand increases, so too will the daily selections.

How are you finding running a business in Taroona?

The support thus far has been good. Those who have made their way here for the most part have become regulars, throwing their support behind us (*Thanks!!*). Our intention in opening the shop in the old shopping village is an attempt to revive the community hub, to encourage others to open shops that will benefit the community, and make it a gathering point for locals – as it once was, years ago.

We hope that Taroona residents will get behind local businesses such as ours and, provided the product and service is of excellent quality, come to see them as a source of pride and joy for the whole community.

Being set back off the main road does prevent a lot of people from discovering the bakery, or even dropping in. The lack of large signage is also an issue – one which we have been working on for 6 months!

We are a family-run business, working 7 days a week, for 18-20 hours per day. Even the kids get involved with their pictures all over the walls and their custom-designed bags! My lovely wife, Nurul, is an absolute heaven-send, with all the work she does!

Do you have other outlets for your produce?

Predominantly the Farm Gate Market at Bathurst St, Hobart, on Sunday. We take around 30 different types of breads and

8 different types of pastries every week. This great following that we have enjoyed at the market has allowed us to slowly work on the shop, and survive whilst the shop has been slowly increasing. We are most fortunate for this weekly market, as we're able to sell twice as much product in 3 hours as we do in the whole week in the shop! We are delighted to hear of people travelling 45 minutes to an hour solely for the enjoyment of our breads and pastries. They've travelled back to the mainland, and even so far as numerous countries in South-East Asia! (Sourdough has a fantastic shelf-life!)

During the warmer months of the year we also attend the Bellerive market on a Saturday. This will be coming to an end in late March, after which, we wish to open the shop for perhaps a half-day on Saturday. We don't generally wholesale, largely because it does not generate cash flow, which is paramount to the survival of small, or micro businesses.

Do you have a philosophy about bread making? Why the sour dough?

Bread is a humble staple, and in its humility, lies its grandeur. It has been enjoyed by humanity for millennia, and will most likely continue to do so. It is often the unsung hero of dishes, fundamental to their composition. In the traditions, it is symbolic of humanity's sustenance, and commands much respect and adoration. In its composition and transformation from base elements to final product, lies a complex and brilliant analogy to the physical and spiritual transformation of the human being. For brevity's sake, I won't delve into it further here, but for the one who wishes to know, they need only ask!

As far as sourdough is concerned, there are the obvious health benefits of sourdough bread,

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and pastry. We are finding many people with wheat, yeast, and gluten intolerances are able to eat our products without negative effect. It is also interesting to note that a lot of lactose intolerant people are able to consume pastries, despite their high dairy content.

Did I mention also, that apparently, **we are only the third fully sourdough bakery in the southern hemisphere?** The others are found in Ravenswood (Apiece) and another in NSW. Meaning, their range of breads and pastries are authentic sourdough – you will not find any compressed or dried yeast in these bakeries. We are honoured to be one of these rare few, and feel it a point of pride for Taroona also!

You also seem to be a real coffee artisan. What do you think makes for a good coffee experience?

As with everything we set out to do, we strive for perfection. A classic, quality machine, paired with beans from an excellent roaster, and local non-homogenised milk are fundamental ingredients to put forth a quality brew. We have so many plans for coffee, we're just waiting on the demand to be able to justify a secondary grinder to allow decaf, regular alternation of single origins, pour-over coffee and so on. I find the science and process of coffee making from start to finish, amazing!

We've heard you've become quite famous for your Philly Bun. What is a Philly Bun?

The Philly Bun is our own take on a pastry originating in the US – the Morning Bun. Being a big fan of Middle-Eastern cuisine, I have a penchant for things such as Orange Blossom, so this was added, as well as using dark brown sugar to replace a portion of the caster – giving it a deeper, complex flavour. Extra butter is poured over the sourdough pastry, along with the addition of crushed walnuts, lemon peel, and orange peel. It's rolled, then cut, proofed and baked in a muffin pan; all that butter and sugar sinks to the bottom, creating a lovely caramel-like layer on the bottom! *Yum!*



philadelphia
bakers

Philadelphia Bakers

Sourdough Bread & Pastries, Coffee

Shop 6a, 148 Channel Highway, Taroona
(Taroona Shopping Village)

Fresh from 7am – 3:30pm, Tue – Fri.



MY CAREER RHYTHMS
Discover What's Possible

An afternoon of re-energising, discovering and boosting your wellbeing

Whatever your situation, if you are looking to find a little more energy in your day, feel a bit more passionate about what you do or find a way to utilize the wonderful strengths you have to offer, this workshop will help.

I feel very fortunate to have been living in the Taroona community for the past year and have met some incredible people who have spurred me on and given me the confidence to finally go out on my own and do what I love which is career and emotional wellbeing coaching.

As a thank-you I would like to launch our first emotional wellbeing workshop with the Taroona community and gather your invaluable feedback.

What is the workshop about?

Based on Positive Psychology research and principles, the aim of this workshop is to give you the time and space in a supportive environment, to think about what is important to you. You might currently be in a job that you find de-energising, or isn't allowing you to reach your full potential; perhaps you have just retired and are looking for your next meaningful adventure; or maybe you have taken some time off to raise a family and you want to reconnect with what else is important to you and have to offer.

Outcomes of the workshop

- Identify your core values and what brings true meaning to your life
- Discover your 'core' strengths and how you can use them more to boost yours and others wellbeing
- Create meaningful strategies to grow your positive emotions and give you more energy
- Evaluate the impact of communication on creating positive relationships
- Develop positive meaningful goals to help you keep moving toward

This workshop will be jam-packed with giveaways, take home resources and fun activities that you can use in both your personal and professional life.

Workshop Details

Date: Sunday 7th May; 1230pm-4pm

Location: Taroona Community Hall

Cost: \$20 (to cover Hall costs and resources. All surplus will be donated to a Taroona community project that the group will pick!)

For more information/to sign up (places are limited to 20):

Contact Anna by email at anna.tayler@mycareerrhythms.com or call on **0401449218**.

Knitting and Sipping at the Taroona Lounge Bar

Join us on the first Saturday of each month, from 2.30 to 4pm, at the Taroona Lounge Bar for a time of knitting, sipping and purling. We share our current creations as well as knit for others; at the moment we're knitting beanies for homeless people.

Our next knitting date is 8th April.

For more information, email thestoddarts@gmail.com

TPS Family Portrait Fundraiser – for all of Taroona



How long has it been since you had your family portrait taken?

The Taroona Primary School Association is holding a Family Portrait Fundraiser on the 1st April which is open to the whole community.

Help Taroona Primary raise funds & receive a Family Portrait to treasure for only \$20

Date: Saturday 1st April 2017

From: 9:00 am

Photo Fundraising Price: \$20 – donated to our school

Where: 104 Channel Hwy Taroona

Contact: martine.siltman@gmail.com

For your \$20 donation your family receives:



- 10"x13" colour portrait, keyring with portrait and the chance to win \$1500!
- A professional photo session in our purpose built, pop up studio.
- Up to five poses of you and your family, professionally posed and photographed by an experienced portrait photographer.

Simple Rules:

- No person can appear twice in a family fundraising portrait.
- Each family participating can only appear in one family fundraising portrait.
- A minimum of two generations must appear in the family portrait fundraiser.
- A minimum of three different poses will be taken of each family.
- There is no refund for change of mind. The amount paid is retained 100% by Taroona Primary School.
- An adult appearing in the family portrait fundraiser must attend the viewing to be eligible to receive the fundraising portrait

New Christian Fellowship Group in Taroona

Taroona has a new Christian fellowship group, meeting at the Taroona Community Hall. Our doors are open each Sunday from 9:30am and coffee, biscuits and fruit are available at that time. Our service starts at 10:00am (except 19 March when we commence at 2:30pm) and includes praise and worship, prayer and a talk or discussion time. It's all pretty relaxed and you are very welcome to come and join us. Christianity is all about getting right with God and getting right with the people in your life. Living your life God's way does not come easily to most people, but you don't have to work it out all on your own. If you are looking for peace from the past, purpose for the present, or hope for the future, then come and give us a go at joining with you in doing life together. **For further information, please phone Aileen on 0455 633 444 or Ian on 0408 329 665.**

Easter events at St Luke's

We have already started preparing for Easter with a pancake evening on Tuesday 28th February and a service for Ash Wednesday the following day. Lent studies have just begun. This year we are using the Christianity Explored videos – the first was interesting and quite scenic! Everyone is welcome.

The Ladies' Coffee group and dinners as well as the Men's Teas have also kicked off for the year. You are welcome to join us.

Easter services and events for 2017:

Sunday April 9, Palm Sunday: 8:45am Taroona/10:30 Sandy Bay

Thursday April 13, Maundy Thursday: 6:00pm Taroona (Meeting Room) Evening Meal

Friday April 14, Good Friday: 9:30am Taroona

Sunday April 16, Easter Sunday: 8:45am Taroona/10:30 Sandy Bay

St Luke's, 173 Channel Hwy, Taroona

St Stephen's, 520 Sandy Bay Rd, Sandy Bay

Contact the **Rev. Rob Stanley on 6227 9611 or email office@anglicanSBT.org.au**

Taroona Community Association Inc.

President:	Jill Hickie, 4 Devon Walk, Taroona, 6227 8544
Secretary:	Janette Power, 8 Earlwood Court, Taroona, 6227 8387
Treasurer/ Public officer:	Anne Parrott, 11 Jenkins Street, Taroona
Editor:	Liz Haywood, 43 Hinsby Road, Taroona, 6227 9593
Committee:	Dal Andrews, Damian Devlin, Roger Kellaway, Alison Phillips, Nicky Price, Fiona Rice
Email:	communityassociation@taroonatas.au

The committee meets on the first Thursday of the month (Feb–Dec). Contributions to the Taroona website can be sent to Deirdre Brown at taroonata@taroonatas.au

Membership of the Taroona Community Association is \$10 and payment can be made by direct deposit into the TCA's bank account **BSB 067102** and **Account number 28011079**. Please email us to notify of deposited funds. You can also deliver or mail payment to 11 Jenkins Street.

Newsletter contributions: taroonacommunitynewsletter@gmail.com

Advertising: 1 column x 2cm deep = \$10, 1 column x 4cm deep = \$20

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